

Dec 5, 2018

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As the year draws to a close, and Tahoe Family Solutions reflects on the work we have accomplished in the regional community in 2018 and strives to keep pace with increasing demands in 2019, we acknowledge the profound impact of friends such as you who help us to strengthen Incline Village. Thank you for your ongoing support of TFS and our community. Today we are seeking your investment in our end of the year Annual Campaign as we work to keep our community safe, thriving and healthy. Some of the highlights from our work in 2018 include:

Affordable Counseling and Psychiatric Services: TFS' counseling and psychiatry team has over 25 years of combined experience and welcomes all community members regardless of their ability to pay. Anxiety, depression, mental disorders – our counseling team is the go-to organization on the North Shore for children and families that are weathering life's toughest challenges. As such we have seen – and are meeting – a 47% increase in demand for services.

<u>Camp Explore</u>: Camp Explore has taken the first step in a long-term transition from a "day camp" model to a fully immersive nature experience focused on backpacking and camping for regional youth. Away from electronics, and surrounded by supportive, professionally-trained counselors and staff, regional youth are experiencing the positive outcomes of intensive nature experiences including increased self-esteem, peer connection, and self-reliance.

**Education:** In its 17<sup>th</sup> year, Homework Help Club supports Incline Elementary School students who are most in need of academic assistance achieve significant learning milestones. The program has made impressive strides and consistently sees students reading ability improve by a grade level or more. Currently, the program serves over 40 students. English as a Second Language classes are flourishing and in 2018 served over 60 community

English as a Second Language classes are flourishing and in 2018 served over 60 community members. Every session saw improved post-test scores and students report greater confidence and ability speaking English and participating in daily American life.

<u>Family Resource Center Holiday Outreach:</u> Through collaboration with Lake Tahoe School, TFS has adopted 11 families to ensure warm blankets, boots, and jackets are under the tree. Brunch with Santa has expanded to 3 sessions and will see over 500 community members make holiday memories happen. And, Toys for Tots is in full swing as TFS collects toys and registers local families.

As 2018 draws to a close, please know our gratitude for you. Your support allows TFS to make a lasting impact in the community and we appreciate your consideration of a year-end gift.

Best Regards,

TFS Board Member and Annual Campaign Chair